# Stody Central

### **Kit List**

## "There's no such thing as bad weather – only a bad choice of clothing"

The accommodation is in centrally heated dormitories, equipped with washrooms and showers. There are indoor classroom facilities, but most of the time will be spent outdoors whatever the weather! Suitable clothing and footwear are essential.

#### This list may be helpful for packing:

- Wellingtons (with a separate bag to put them in, and either thick socks or lots of socks!))
- An additional pair of outdoor shoes (trainers etc)
- Slippers, or alternative indoor shoes.
- Long trousers for activities
- Tops
- Waterproofs coat (essential) and trousers (if possible)
- Fleece or jacket
- Gloves, hat, scarf, extra sweaters (in colder months)
- Insect repellent, sun screen and sun hats (in warmer months).
- Nightwear
- Extra socks and underwear
- Toiletries (in a washbag)
- Towel
- Large plastic bag / bin liner for dirty clothing and spare plastic bags for shoes
- Small game for free time (e.g. Top trumps)
- Water bottle
- Book
- Small day sack suitable for carrying on a walk in the woods

#### Please name all belongings clearly.

#### Please don't bring

- Aerosol sprays
- Bedding
- Mobile phones, electronic games etc
- Food and drink.

Binoculars, cameras and compasses are worth bringing, but children will need to care for their own property.

Please do try to involve your child as much as possible in the packing process. Packing can be a valuable learning experience where children become aware of the effort which goes into preparing for any trip away from home. They are also more aware of what they have packed and so are much more likely to return home with the same items!

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