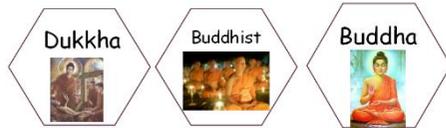


R.E. Year 5 Spring 1

Prior Learning: understanding of the Buddhist faith through the concept of peace

Words we will know!



3. Evaluate

TWAL: to evaluate the importance of Dukkha for Buddhists.

We will debate about how the 8 fold pathway helps Buddhists to make decisions.



Dukkha is a very important idea in the Buddhist faith because Buddhists must understand and accept that suffering exists. Buddhists strive to end suffering by understanding why people suffer.

4. Communicate

TWAL: to communicate our own understanding of Dukkha.

We will think of times in our lives when we feel like we have experienced Dukkha.

5. Apply your responses to your lives and the lives of others.

TWAL: to apply Dukkha to our lives and the lives of others.

We will explain examples of how challenges and suffering are significant in their own and others' lives and how they are dealt with.

Theme: Buddhist teaching

Concept: Dukkha (suffering)

The concept of dukkha is one of the fundamental teachings of Buddhism. Suffering comes from craving things and also from events in a person's life, such as birth, old age and death.

2. Contextualise within Buddhist beliefs.

TWAL: to contextualise what Dukkha means to Buddhists.

We will explain what Buddha meant by Dukkha and the part it plays in Buddhist practices and beliefs. We will understand the 4 noble truths and the 8-fold pathway.



Buddha teaches that if Buddhists follow the 8-fold pathway they can find the end to suffering.

1. Inquire into the concept of Dukkha (suffering)

TWAL: to inquire into Dukkha

We will describe the multiple meanings of Dukkha and understand that it can mean suffering, pain, stress or disease.



Dukkha-dukkha – the suffering of suffering. This refers to the physical and emotional discomfort and pain all humans experience in their lives.

Viparinama-dukkha – the suffering of change.

Sankhara-dukkha – the suffering of existence.