

PSHE Year 1 (Spring 2) Owning your Choices

Prior Learning: In Year R children will have learnt about how to be different, having self-belief, understanding what makes us different/similar to one another such as hobbies, interests, clubs and sports. Children will have started to understand resilience

We will learn the knowledge and strategies to make positive choices that keep us healthy. Areas of learning include how to maintain a healthy balanced lifestyle through food choices and physical activity, as well as potential barriers people might face. Children will learn how to manage influences and pressure, and keep themselves healthy within our 'Owning your Choices' theme of our PSHE Education

This includes learning about what makes us special. Respecting similarities and differences between people; special people; that everyone is unique; but that everyone has similarities.

We will also cover in this unit of our learning, what money is, how to save and spend money and the different jobs people have which helps them to earn money.

1. TWAL: To respect similarities and difference between people

We will be learning that as individuals we are unique which makes us all special in our own right. We will understand what our differences are and what our similarities are – we will celebrate each other's differences and similarities through discussion and questioning. – **Assessment opportunity before and after lesson**

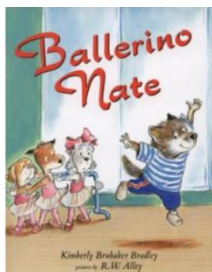


- To be unique is to be the only one of its kind.
- It is important to recognise that no two people are exactly the same and that this is what makes us special but being similar is also important to, as it helps us to feel a sense of belonging

Recommended Websites

<https://www.youtube.com/watch?v=gR7yMH14JfA> – BBC what makes us special?

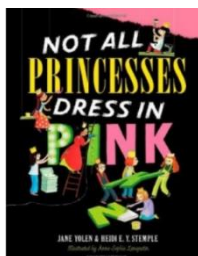
<https://www.youtube.com/watch?v=LrPm7BasRBo> – Sesame Street – What makes us unique?



Recommended Reading

Ballerino Nate by Kimberly Brubaker Bradley

Not all princesses wear pink by Jane Yolen



2. TWAL: To identify people who are special to us

We will learn to identify who the special people in our lives are and what makes them special to us. We will be able to identify similarities between them and us and be able to recognise what makes them different and how this makes them unique and special.

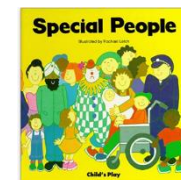
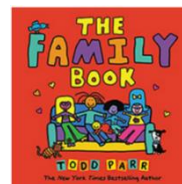


- We are all unique and families are all different

Recommended Reading

The Family Book by Todd Parr

Special People by Rachel Letch



3. TWAL: about money

We will learn what money is, forms that money can come in, that money comes from different sources. We will be able to discuss why we need money, identify the different denominations of money and be able to explain why we might use each form of money.

– **Assessment opportunity before and after lesson**



- * Money is what people use to buy things and services

Recommended Resources

Santander Money Matters –Ant and Dec

Money and Me Bank of England –

<https://www.bankofengland.co.uk/education/education-resources/money-and-me>

Money and Work – PSHE association

<https://pshe-association.org.uk/topics/money-work>



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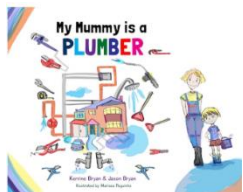
4. TWAL: To understand where money comes from

We will learn that jobs help people to earn money to help people to buy things and to be able to identify jobs in and around our community that people we know do.



– Assessment opportunity before and after lesson

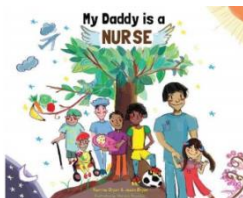
- A job is an activity, often regular and often performed in exchange for payment



Recommended Reading

My Mummy is a Plumber by Kerrine Bryan

My Daddy is a Nurse by Kerrine Bryan



Words we will know!

Similarities

Differences

Money

Job

5. TWAL: How to keep money safe

We will recognise that money needs to be kept safe and the different ways we can do this.



– Assessment opportunity before and after lesson

- When we carry money around with us we might use a purse or a wallet to keep it safe.
 - A bank is a place that looks after people's money for them and keeps it safe

