

## PSHE Year 1 (Autumn 2) #WWSafe

Prior Learning: In Year R children will have learnt about how to use equipment safely in school, being safe in our outdoor learning area, sun safety, road safety and what to do in an emergency.

We will learn how to identify risk, manage our own personal safety through developing knowledge, skills and understanding within the “#WWSafe within the theme of our PSHE Education.

This includes learning how to keep safe in familiar and unfamiliar situations, keeping safe when household products and medicines are used, being safe in the sun. We will be continuing to learn who keeps us safe, how they can keep us safe and who to ask for help in an emergency when we don't feel safe.

### 1. TWAL: To understand the importance of being safe

We will be exploring what the word 'Safe' and 'Safety' means to the children. Looking through different scenarios we will use discussion to identify what is safe and what isn't safe and what the consequences may be.

- Safe means to be given protection from being hurt, lost or danger



### 2. TWAL: To stay safety awareness when household items are used

We will learn how to identify the dangers and hazards associated with different household objects. We will be able to explain the dangers we face when using electrical items. We will learn what we can do to prevent an injury or accident if we take substances which are not child friendly.

#### Recommended Resources

<https://pshe-association.org.uk/topics/personal-safety>

<https://www.youngcitizens.org/resource/keeping-safe-at-home/>

### 3. TWAL: How to stay safe when taking medicines

We will learn what a medicine is and when we are given it. We learn to understand that medicines can be dangerous if not given to us by a trusted adult and what the consequences might be. What to do if we are unsafe with medicines and who can help us. We will learn different ways to be safe with medicines.

- Medicine must always be given to us by a trusted adult
- Medicines should be put up, up and away so they can't cause us harm



#### Recommended Video links

Wise Owl's Drug Safety Kit: What is a Medicine?

[https://www.youtube.com/watch?v=9OK6\\_OdWxTA](https://www.youtube.com/watch?v=9OK6_OdWxTA)

Using and keeping medicines safe <https://www.youtube.com/watch?v=1M21HNpx05w>

### 4. TWAL: Sun safety

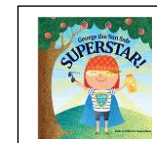
We will learn what it means to stay safe in the sun, explore different ways we can do this and whose responsibility it is to make sure we stay safe in the sun. We will be able to say what the consequences will be if we are not safe in the sun. We will also be able to create a list of things which will help us to prevent sun related illnesses as well as protecting knowing what we need to protect ourselves.



#### Recommended Reading

George the sun safe superstar by Chantal Renn

Molly doesn't want to wear sun lotion by Kat Arksley



#### Recommended Songs

Slip, Slop, Wrap <https://www.youtube.com/watch?v=MfoBA3cBJSM>

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### 6. TWAL: Who helps to keeps us safe?

We will explore all the different emergency services we have available to us – when and how to use them. We will be able to identify which emergency would support us the most for a variety of scenarios.



An emergency is an unexpected situation, which means we have to quickly and calmly.



### Words we will know!

Safe



Medicine



Emergency



Danger

