

PSHE Year 1 (Autumn 1) Living in the Wider World

Prior Learning: In Year R children will have learnt about our new routines and expectations within the classroom and school environment. How to make positive relationships within our new environment and we will be able to understand that we have personal boundaries and need to ask to touch someone even if they are our friend (Consent focus)

We cover community and responsibility within the 'Living in the Wider World' theme of our PSHE Education.

This includes learning about what Wordsworth school values are and how to use them, understanding respect and showing it through our listening and behaviour in and around our school community. Exploring friendships and how to ask for help if someone or something isn't making us happy.

1. TWAL: To understand and recognise Wordsworth PSHE pillars (5R's) and Wordsworth Values (Learning, Community, Trust, Nurture, Empowerment)

We will be learning Wordsworth school values and how we can recognise and contribute to them in and around our school community. Introduce the soft toy PSHE mascots to the children. Create a working wall of photos of children exhibiting our school values



Respect, Resilience

Relationships

Reflection

Regulation



2. TWAL: To understand and recognise how to be respectful

We will learn how to treat yourself and others with respect and respectful behaviour inside and outside of the classroom. – **Assessment opportunity before and after lesson**

Recommended website/video

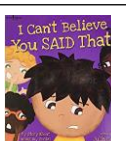
Respect – Sesame Street - <https://www.youtube.com/watch?v=GOzrAK4qOSo>

Respect means to treat people in a way that makes them feel important and cared for

Recommended Reading

Do Unto Otters by Laurie Keller

I can't believe you said that! By Julia Cooke



3. TWAL: How to listen to others respectfully

We will learn what skills and strategies are needed to be an active listener in class and outside into our wider school community. Can the children share with the teacher examples of when they or someone else has shown respectful listening skills - teacher to record on working wall – **Assessment opportunity before and after lesson**

- Active listening means giving a speaker your full attention and trying to understand the complete message.

Signs of active listening can include:

positive reinforcement;

remembering;

asking questions;

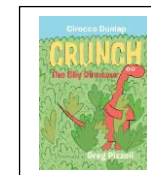
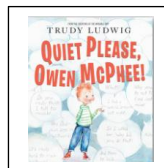
smiling and nodding;

staying focused.

Recommended Reading

Crunch –The Shy dinosaur by Cirocco Dunlap

Quite Please Owem McPhee! By Trudy Ludwig



3. TWAL: What makes a good friend?

We will explore what we think makes a good friend and how to recognise when we are being a good friend to others. We will learn how to work well with other children in our class and the wider school community. We will learn the Dos and Don'ts when meeting new friends. We will consider our previous learning and how it can have a positive impact on our friendships. – **Assessment opportunity before and after lesson**

Healthy friendships are positive and welcoming to others and do not make others feel lonely or sad.

Recommended Reading

A friend for Henry by Jenn Bailey



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4. TWAL: To ask for help when someone hurts our feelings

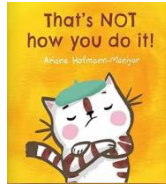
We will learn to recognise when a friend is being unkind to us and how their negative behaviours are making us feel sad, lonely or rejected. We will be able to explain why are feelings are hurt and how/who to ask for support to resolve our conflict with another.



Recommended Reading

Making friends By Amanda Mcardie

That's NOT how you do it! By Ariane Hoffman



Words we will know!

Respect

Feelings

Permission

Choice



5. TWAL: To understand that we must respect others choices and ask for permission when playing with them **(Consent)**

Please see additional overview for this lesson. – **Assessment opportunity before and after lesson**